

Good Faith Estimate

You have the right to receive a “Good Faith Estimate” explaining how much your services will cost. Under the law, health care providers need to give patients who are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency services.
- Make sure you receive a Good Faith Estimate in writing at least 1 business day before your service begins. You can also ask to receive a Good Faith Estimate before you schedule a service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.
- For questions or more information about your right to a Good Faith Estimate, visit [CMS.gov/nosurprises](https://www.cms.gov/nosurprises) or call the Colorado Division of Insurance at 303-894-7490 or 1-800-930-3745.

Any questions or concerns regarding billing are best resolved directly with me via [email](#).

At the Center for Self-Discovery, services are billed one session at a time, this means that your bill should never exceed the \$400 limits set by the no surprises act.

Please let me know if you have any questions or concerns!

Warm Regards, Sinda Jordan